

**Primary Multi-Skills Video Links
At School / At Home versions**

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| **Pre-season****Balance & Agility** | **At School** | **At Home** |
| Murray Movement | <https://youtu.be/GRjq11aQ4t0>  | Garden Game - <https://youtu.be/7pmANg7YV6Q> |
| Venus Volley | <https://youtu.be/lnJW5k1c2CI>  | See Garden Game “3-2-1 Buckets” written rules - “Venus Volley” variation. |
| Messi Football | <https://youtu.be/MBCoTb_7NMM> | Garden Game - <https://youtu.be/I_ZxFt5DmoA> |
| Pirate Ship | <https://youtu.be/Y6wGbHjrxSY> | Indoor Target Game - <https://youtu.be/ieMVqynrp4Q> |
| Parachute popped | <https://youtu.be/wYRhc1rBVAs> | Similar to Garden Game “Jumping Game: Treasure Chest” - Video to come |
| **Pre-season Target** |  |  |
| Loopy: Basketball | <https://youtu.be/Zk9scujotnc> | Garden Game - Video to come |
| Tunnel Ball | <https://youtu.be/QgdAVvPudUM> | None. As needs tri-golf equipment. |
| Funfair | <https://youtu.be/R1gum70_8ec> | Indoor Target Game - <https://youtu.be/E76uthkCoJY> |
| Direct Hit | <https://youtu.be/tUgXuDH47kg> | See Garden Game “Shooting Range” written rules - “Direct Hit” variation. |
| **Pre-seasonThrowing** |  |  |
| Noughts and Crosses | <https://youtu.be/knd0bewBhrQ> | Indoor Game - <https://youtu.be/mfbUcXhhPrQ> |
| Traffic Lights | <https://youtu.be/3E76u8A8Dmc> | Garden Tennis Game “3-2-1 Buckets” - Video to comeIs similar to Boccia Games like “Close Move” & “Dunk it!”Video’s to come |
| Flip it | <https://youtu.be/J9LovfVTHOY> | 2 versionsGarden Game - <https://youtu.be/pa-xZU71H2E>Indoor Target Game “Basket Flip It” - Video to come |
| Snooker Frame | <https://youtu.be/PcGN7fgm24k> | Indoor Target Game - <https://youtu.be/Wx1JI03CG8Q> |
| **Game Day****Selected by Panathlon** |  |  |
| Loopy: Basketball | <https://youtu.be/Zk9scujotnc> | Garden Game - Video to come |
| Messi Football | <https://youtu.be/MBCoTb_7NMM> | Garden Game - <https://youtu.be/I_ZxFt5DmoA> |
| Direct Hit | <https://youtu.be/tUgXuDH47kg> | See Garden Game “Shooting Range” written rules - “Direct Hit” variation. |
| Flip it | <https://youtu.be/J9LovfVTHOY> | 2 versionsGarden Game - <https://youtu.be/pa-xZU71H2E>Indoor Target Game “Basket Flip It” - Video to come |

NB. ‘At Home’ Games also include additional Boccia, Table Cricket & Polybat games. The above lists the games corresponding to the virtual Multi-Skills pre-season & game day activities.