

Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

Fresh Catering



Autumn Term 1 2021

At: **Bollington St John’s School**

September 2021						
M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2021						
M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





Autumn Term 1 Menu 2021

Week 1

Week 2

MONDAY

Chicago Town Pizza with Salad Potatoes

Jacket Potato with a Choice of Filling/s (v) *

Organic Yogurt

TUESDAY

* Pasta Italiane (v)

Ham Sandwich & Mixed Salad *

Rhubarb & Apple Flapjack Crumble with Ice Cream

WEDNESDAY

* Roast Chicken Dinner or Quorn Fillet (v)

Jacket Potato with a Choice of Filling/s (v) *

Sultana Cookie with Fruit Chunk or Organic Yogurt

THURSDAY

Vegetable Ravioli in a Homemade Tomato Sauce (v)

Tuna Sandwich & Mixed Salad *

Chocolate Crunch with Fruit Chunk

FRIDAY

* Pork Sausage/Quorn Sausage, Hash Brown & Baked Beans

Jacket Potato with a Choice of Filling/s (v) *

Vanilla Ice Cream with Summer Fruit Coulis

MONDAY

Vegetarian Sausage Roll with Mash Potatoes (v)

Jacket Potato with a Choice of Filling/s (v) *

Organic Yogurt

TUESDAY

* Mild Chicken or Quorn(v) Korma with Rice & Cous Cous

Tuna Sandwich & Mixed Salad *

Chocolate & Banana Cup

WEDNESDAY

* Roast Pork Dinner or Quorn Fillet (v)

Cheese Sandwich & Mixed Salad (v) *

Carrot & Pineapple Traybake

THURSDAY

Meatball or Quorn (v) Pasta Bake

Jacket Potato with a Choice of Filling/s (v) *

Frozen Yogurt Ice Cream

FRIDAY

* Fish Fingers with Garden Peas/Baked Beans & Chips

Ham Sandwich or Veggie Burger (v) & Mixed Salad

Kracholette or Organic Yogurt

* Gluten Free options available on request