

# The BIG BIKE Revival

we are  
cycling  
The cyclists' champion UK



Department  
for Transport

## Welcome to our Big Bike Revival pop up Dr Bike event!

Free health checks on your bike to keep  
you cycling safely

We're fixing broken bikes by providing 'M-checks' and  
Minor Repairs that may include any of the following:

### Brakes

- Caliper and cable adjustment, cable and pad replacement

### Gears

- Indexing, adjustment and cable replacement

### Chain

- Check for wear, lubricate if required

### Tyres

- Puncture repair/tube replacement, inflated to recommended pressure (PSI)

### Other

- Check all nuts and bolts are correctly torqued
- Headset and bottom bracket check
- Check bar plugs and cable end caps, and replace if missing

### Time

- Maximum of 30-minutes time spent on your bike



[BigBikeRevival.org.uk](http://BigBikeRevival.org.uk)

[#BigBikeRevival](https://twitter.com/BigBikeRevival)