

Our commitment to you....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

Fresh Catering



Autumn 2020

At: **Bollington St John’s Primary**

November 2020						
M	Tu	W	T	Fri	Sa	Su
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

December 2020						
M	Tu	W	T	Fri	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			





Autumn Menu 2020

Week 1

Week 2

MONDAY

Organic Beef / Quorn
Burger in a Bun

Tomato Pasta
Parma Rosa (v)

Coconut Oatie &
Fruit Chunk or
Organic Yogurt

TUESDAY

Chicken Curry
Rice & Cous Cous

Jacket Potato with a
Choice of Fillings(v)

Ice Cream Roll with
Fruit Chunk

WEDNESDAY

Roast Turkey, Roast/
Creamed Potato,
Stuffing & Gravy

Quorn Fillet, Roast/
Creamed Potato,
Stuffing & Gravy (v)

Summer Shortbread
with Fruit Chunk

THURSDAY

BBQ Pork Wrap

Chicago Town Pizza
Potato Wedges (v)

Banana & Chocolate
Cup (Choc Mousse
with Fresh Banana)

FRIDAY

Fish Finger & Chips

Popcorn Chicken/
Quorn & Rice Soft
Tortilla Boat

Ginger Oatie Cookie
or Organic Yogurt

MONDAY

Cheesy Pasta(v)

Jacket Potato with a
Choice of Fillings(v)

Organic Yogurt

TUESDAY

Gammon &
Pineapple with
Herby Potatoes

Cheese, Onion
& Pot Pie
Baked Beans (v)

Tropical Fruit
Traybake

WEDNESDAY

Hunters Chicken
Creamed Potatoes

Vegetarian
Sausage Roll
Creamed Potato (v)

Flapjack with Fruit
Chunk

THURSDAY

Beef Spaghetti
Bolognese with
Garlic Bread

Quorn Texan Tortilla
Boat (v)

Frozen Yogurt Ice
Cream

FRIDAY

Butchers Sausage
All Day Breakfast

Quorn Sausage
All Day Breakfast (v)

Dinky Doughnut
with Fruit Coulis or
Organic Yogurt

Seasonal Vegetables/Salad available daily