







PREVENTING THE DEATH OF A CHILD NEWSLETTER - SPRING 2016

Who are we and What do we do?

The Pan Cheshire Child Death Overview Panel (CDOP) is part of a national organisation reviewing all deaths of children aged from 0 to 17 years, sharing lessons learned to prevent future deaths. Pan Cheshire was formed in 2013, the Partners are Cheshire East, Cheshire West & Chester, Halton Borough and Warrington Borough Councils. The panel has representatives from all four Local Safeguarding Children Boards in Cheshire, i.e. Health, the Police, Social care and Education

As I Grow from being a Baby - Keep me Safe

When I start rolling over

Don't leave me on a bed, sofa or other raised surface.

Don't leave small objects in my reach as I might put them in my mouth and choke.

Change me on my changing mat on the floor.

When I start crawling and climbing

Take large toys out of my cot as I can stand on them and may escape from my cot.

Use safety gates to stop me using stairs on my own:

I will need to practice how to go up and down safely but don't leave me on my own.

Use them to stop me getting to the top of the stairs until I am 2 years old.

When I start moving I may touch things that may burn me e.g. candles, hot drinks or hair straighteners.

Make sure these are out of my reach

When I start walking

Keep stairs and floor areas uncluttered and dry to stop me from tripping or slipping.





Infant Safe Sleep "DADS COUNT"



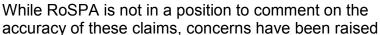
The early days following the birth of a baby can be tough for fathers too, coping with sleepderivation can be challenging and this can sometimes impact on infant safety. Fathers have an important role in ensuring infant safe sleep.

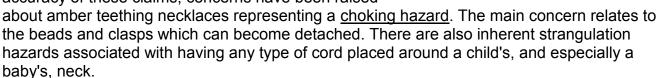
There is an association between co-sleeping and sudden infant death (falling asleep with a baby in a bed, on a sofa or armchair) and this Increases, if parents smoke, or have recently taken drugs, alcohol or certain medications.

The safest place for your baby to sleep is in a cot or crib, placed on their back, feet to foot with head and face uncovered (no toys or pillows), room temperature around 16-20c, in a smoke free environment.

BALTIC AMBER BEADS

Baltic amber beads are placed around a baby's neck or ankle to help soothe the pain of teething. Baltic amber contains between three and eight per cent succinic acid, which is said to have an analgesic effect by warming the baby's skin, reducing the pain of teething.





RoSPA does not advocate any cord being placed around any baby's neck at any time. Our ongoing research into the risks posed by <u>blind cords</u> highlights just how quickly and easily young children can be accidentally strangled or hanged



SAFE SLEEP TRAINING JUNE 2016 — CHESHIRE WEST AND CHESTER

If you are a professional working for CWAC there are half day Safe Sleep training sessions 29th June 2016 at HQ, Chester Half day course 9:30 – 12:00 – AM Session or 13:30 – 16:00 – PM Session being run in association with the Lullaby Trust available: Click on the http://www.cheshirewestlscb.org.uk for further details and to enrol on a session.

Pan Cheshire details are:-

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Phone: 016062 88923

http://cheshireeastlscb.org.uk http://cheshirewestlscb.org.uk Links:-

http://www.rospa.com/childsafety http://www.tradingstandards.uk http:// capt.org.uk child accident trust

http://lullabytrust.org.uk